

# POLO TIMES



**AMERICAN ACTION ACROSS THE POND**  
*WPL, C.V. Whitney & U.S. Women's Open*

**ARENA GOLD & SILVER CUPS**  
*Hot action fights off the chilly weather*

**WOMEN'S POLO IN INDIA**  
*Jaipur Gold Cup & HPRC International*

**PLUS: Recovery Improvement & Injury Impact of Thin Blood**





## Contents



### Publisher

Nick Hine  
publisher@polotimes.co.uk



### Editor in Chief

Rosabella Hine  
rosabella@polotimes.co.uk



### Principal Design

James Morgan



### Design

Alice Ruddy



### Financial Controller

Angie Clark  
accounts@polotimes.co.uk



### Accounts & Administration Assistant

Rosalind Cutter  
ads@hinemarketing.co.uk



### Administration Assistant

Lynne Berry

**Contributors:** Lorna Edgar, Dr.med. Andreas Krüger, Rege Ludwig, India Parker-Smith, Tony Ramirez/  
©www.imagesofpolo.com, Emma Sheridan, Paul Stalker & Rosanna Turk

**Cover photograph:** Leading The C.V. Whitney Cup in scoring, Facundo Pieres accounted for eight of Pilot's goals in the Final. By David Lominska

### Contact details

Hill Farm Studios, Wainlodes Lane,  
Bishops Norton, Glos, GL2 9LN  
Tel: 01452 730770  
email: admin@polotimes.co.uk  
**www.polotimes.co.uk**

## SUBSCRIPTION PRICES

All subscribers receive an exclusive weekly newsletter and competition offers  
Call on **+44 (0)1452 730 770**  
Subscribe online:  
**www.polotimes.co.uk**

© Polo Times Limited 2023 and Database Right 2023  
Polo Times Limited holds the copyright & database right to the information it publishes in Polo Times and on the Polo Times website. No content may be reproduced or distributed without the consent of the Publisher. 'Polo Times' is the trade mark of Polo Times Limited. ISSN 1461-4685

## What's inside... April 2023



16



42



58

## News

- 4 All the Latest News
- 8 Your Letters

## Features

- 10 Big Picture

## Reports

- 12 The WPL All-Star Challenge
- 16 The Arena Gold & Silver Cups
- 19 The C.V. Whitney Cup
- 24 The WPL Founders Cup
- 29 The IFZA Gold Cup

## Club Focus

- 33 Your Club News from Home and Abroad

## Youth Polo

- 36 All Aspects of Youth Polo
- 37 The Junior Arena Gold & Silver Cups
- 38 The SUPA Senior & Ladies National Arena Championships

## Women's Polo

- 40 International & Home
- 42 2023 HPRC International Women's Arena Cup

- 44 The Ladies British Open
- 46 The U.S. Open Women's Polo Championship

## Knowledge

- 48 Polodoc: Blood, Sweat & Tears
- 50 Nutrition Focus: Equines Are Trickle Feeders
- 52 Performance Coach: Create a Winning Formula
- 54 Equine Therapies: A Zoopharmacognosy Session
- 56 Chukka Wellness: Recover Quicker In-Between Chukkas
- 58 Playing Tips with Rege Ludwig: Mechanics

## Sidelines

- 60 Gossip

## Polo Directory

- 61 What's On in April
- 63 Classifieds

## Final Bell

- 64 Passions: Rosanna Turk



# the Big picture



SCHOOLS & UNIVERSITIES  
POLO ASSOCIATION





# SUPAcalifragilisticexpialidocious

90 SUPA Schools players descended upon Rugby Polo Club for both The SUPA Senior National Arena Championship and The SUPA Ladies School National Championship on Sunday 5 March. With a busy day of polo on the schedule, the organisers utilised both the indoor and outdoor arenas from an early start of 10.30am! This year's Championships welcomed new event sponson, Glion, who provided prizes for all the division winning teams and all of the players who competed also took home a *Polo Times* magazine and SUPA beanie hat. For all the results, plus more information form the day please turn to our Youth Polo pages.

► Photograph by Emmpix



On Sunday 5 March, 90 players took part in The SUPA Senior National Arena Championships at Rugby Polo Club. The SUPA Ladies School National Championship was also held on the same day as the Seniors, which made it a very full day of youth polo.

Gill Glimmerveen (SUPA Section Manager for Ladies Schools) summarises the day's success:

"The SUPA Senior National Arena Championships at the Rugby Polo Club Arenas were a roaring success once again. It was a real treat to welcome the Glion Institute of Higher Education as the sponsor of the 2023 SUPA Arena Nationals for the first time. It's always good to have a new sponsor on board, and we were thrilled to have them join us.

The excitement was palpable as the seven divisions were packed with school teams and individuals, some of whom had journeyed from far and wide to be there for the 10.30 am start. The SUPA Ladies School National Championship was also held on the same day as the Seniors and intermingled seamlessly with the Senior chukkas. From the Beginners experiencing their first competitive tournament to seasoned pros competing in their final SUPA Schools Arena Tournament before they head to university and join us at the SUPA University Tournaments, it was a day full of adrenaline-fuelled action.

SUPA has embraced the Play Polo app to share live tournament information with our members and spectators. It's a game-changer! With the app downloaded

to your phone, everyone could check the current chukka number, see which teams are playing, and even get automatic match updates when matches have been played. It's the ultimate tool for keeping track of all the action on tournament days. Thank you Benji for your support and help throughout the day.

There was hearty support from the sidelines. The stands were packed with cheering parents and family members, adding to the lively atmosphere in both arenas. It's always great to see the positive encouragement from the crowds – it really gives the players that extra boost of confidence to give it their all. The final chukka of the day in the outdoor arena is always the Open Final, this year played between Cheltenham College and Harrow School. This chukka is always

# SUPA Schools

The SUPA Senior & Ladies National Arena Championships

The Open Final teams Cheltenham College and Harrow School

Photography by Emmpix





Both the indoor and outdoor arenas were used on the day

fast and furious with both teams eager to taken the coveted title of SUPA Open Arena Champions and this year's Final did not disappoint.

A close score in this hard-fought chukka indicates that both teams played at a high level, with a strong emphasis on defence and strategy. The final was highly competitive, with neither team willing to give up an inch of ground to the other. Eventually Harrow emerged victorious 1-0, a close score indicating that the match was a true battle of skill, endurance, and mental toughness.

All 90 players who participated in the Championships received a *Polo Times* magazine and a super SUPA warm beanie hat.

The seven division winning teams also received a giftbag from sponsors Glion, which added an extra level of recognition and celebration for their achievements. Open Champion Winners Harrow received padded gilets sponsored by Black Hound Sports. Jose from the Radley A team was recognised as the Most Promising Player and was awarded leather knee pads from the Worshipful Company of Saddlers, a fantastic achievement for Jose and shows his skills and potential as a polo player. These fantastic gestures of support from the SUPA sponsors adds an extra layer of recognition and celebration for the winning teams, a great example of how sponsor support can enhance the experience of players and add value to the tournament. Our sponsors

Glion, Black Hound Sports, the Worshipful Company of Saddlers, RJ polo and *Polo Times* play a vital role in supporting and promoting the sport of polo, and initiatives like this show their commitment to the sport and its grassroot players. SUPA are most grateful for their continued support.

So, SUPA did it again! With non-stop action, enthusiastic support from sponsors, players, parents, umpires, school polo managers, pony hirers, and cutting-edge technology the 2023 SUPA Arena Nationals were nothing short of spectacular." ❌



**Most Promising Player**

Jose (Radley A)

### The SUPA Senior/Ladies National Arena Championships Results:



#### Beginners

- 1st** – Stowe
- 2nd** – Heathfield Emeralds
- 3rd** – Radley C
- 4th** – Stowe D



#### Novice Ladies

- 1st** – St Mary's A Team
- 2nd** – Westcroft Park
- 3rd** – Kings High School
- 4th** – Heathfield Sapphires
- 5th** – SUPA Ladies



#### Novice Senior Schools

- 1st** – Radley B
- 2nd** – Millfield
- 3rd** – Shrewsbury School A
- 4th** – Sherborne Grey
- 5th** – Shrewsbury School B



#### Intermediate Green

- 1st** – Sherbourne Blue
- 2nd** – Felsted
- 3rd** – SUPA Inters
- 4th** – Stowe C



#### Intermediate Red

- 1st** – Cheltenham Ladies College
- 2nd** – Harrow School
- 3rd** – Marlborough College B
- 4th** – Cheltenham B



#### Open

- 1st** – Harrow
- 2nd** – Cheltenham College